

## Sheena LaShae Coggins

March 14, 1986 - January 21, 2021

Sheena LaShae Coggins, age 34 of Grassy Fork, passed away Thursday, January 21, 2021. She was preceded in death by her grandparents Delcie and Wayne Self and Creed Coggins. She is survived by her parents Steve and Amanda Coggins, daughter Carmen Thomas, brother and sister-in-law Eric and Heather Coggins, nieces and nephews Cruz, Jayla, Paxton, and Shaylee Coggins, grandmother Vinita Coggins, and a host of aunts, uncles, and other family and friends. A Memorial Service will be held at a later date.

Family and friends may sign the guest register online at [www.manesfuneralhome.com](http://www.manesfuneralhome.com). Arrangements by Manes Funeral Home.

# Tribute Wall

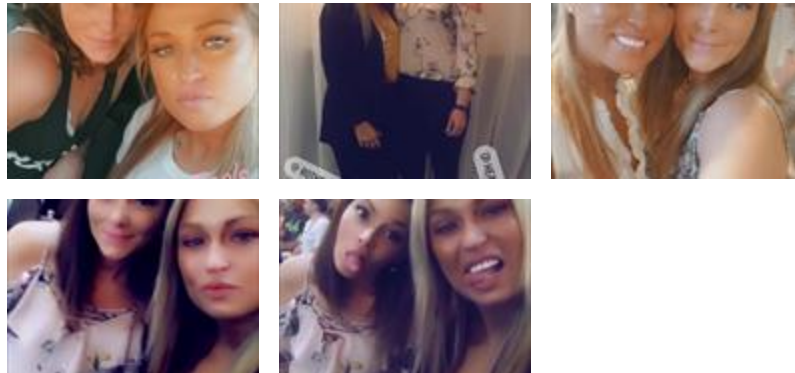


“ *Sheena LaShae Coggins*

November 17, 2022 at 06:00 PM



“ *You were my best friend, more like a sister. There's not ever a day that passes without me wanting to call you, to cry, laugh, gossip, it just talk about nothing. Everyday I'm reminded of you. Memories in my pictures. Wishing you could be here and us so, laugh (we always laughed) ride around singing, seeing my daughter, seeing you with Carmen. I will never forget you, or stop talking to you in my prayers. I know you're with God and I am happy knowing that.*



Heather Frye - November 02, 2022 at 12:34 AM



“ *I was so upset to hear about this. You had the most bubbly personality and were always smiling and laughing. I know that you are heaven and now have peace. I love and miss you so much...your Focus sis forever* 💕

Lauren Rediker - July 13, 2022 at 01:41 PM

KR

“ *Sheena was such an amazing and beautiful person inside and out. I catch myself thinking about her often and am proud of how far she’s come. She was taken from us too soon. Although we didn’t talk much, we share some good memories together. She was a light in this dark world and always had a smile on her face wherever she went. Rest in peace pretty girl. So sorry for everyone’s loss.*

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**Kristen** - September 01, 2021 at 10:29 AM

AM

“ *I was just at Cedar Springs Christian Bookstore buying cards and looked for Sheena. I always tried to get in her line because she absolutely effused love for her Savior. I loved talking with her. She told me she was a new Christian. What a light! Prayers for her daughter and family. She will be missed. A lovely person inside and out. It was my good fortune to meet her. Prayers for her sweet daughter and family.*

*Angie McGill*

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**Angie McGill** - April 17, 2021 at 08:05 PM

DH

“ *Sheena,*

*You were such a LIGHT at Cedar Springs Christian Bookstore. I am so glad that I had the opportunity to meet you. Your spirit was honest, kind, and hardworking.  
God blessed me with your beautiful and glowing presence!*

*Donna Hardy*

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**Donna Hardy** - February 03, 2021 at 06:32 PM

DA

*Donna I was someone that came and saw her at the store and her n I talked a lot. Went out to eat etc.. we lost touch somewhat in early December. Prayers go out to her her daughter and family. May I asked what happened. ? She seemed to be doing so well and so involved in church*

**daniel** - February 16, 2021 at 12:16 AM

RJ

“ *Eric and Heather we are so sorry about your loss. Prayers of God’s comfort around you all during this time.*

**Rachel James** - January 31, 2021 at 08:22 PM



“ *Divine Peace Bouquet was purchased for the family of Sheena LaShae Coggins.*



January 29, 2021 at 08:06 AM

JC

“ *Dear Amanda and Stevie, we are so sorry for your loss. We love you both and are keeping you both in our hearts and prayers.*

**Joyce Clark** - January 28, 2021 at 06:44 PM

JC

“ *Sheena was always nice to me and my family no matter when I seen her she was always kind..GOD MUST HAVE NEEDED AN ANGEL 😭*

**Jason cutshaw** - January 27, 2021 at 11:35 PM

SB

“ *May God send peace and comfort now and always.*

*Sheila Burnett*



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**Sheila Burnett** - January 26, 2021 at 11:36 AM

JY

“ *Sheena was a beautiful person and will be missed by many . We are praying that God brings peace and comfort for your family at this time.*

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**Jared & Courtney Young** - January 26, 2021 at 09:48 AM

BM

“ *So sorry for your loss prayers for the family*

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**Brent McGhee** - January 25, 2021 at 04:14 PM

RF

“ *Amanda and Steve, I'm just so sorry I have no words that will help you along this journey your on. Please know we love you and are praying for peace and comfort. If there's anything at all we can do please let us know. Love, hugs and prayers.*

*Harvey and Regenia Ford*

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**Regenia Ford** - January 25, 2021 at 03:00 PM

MC

“ *Marty Coakley lit a candle in memory of Sheena LaShae Coggins*



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**Marty Coakley** - January 25, 2021 at 01:33 PM

TA

“ *Amanda i am so sorry. Sheena was the sweetiest and most caring young lady. So beautiful. I remember all the good times we had with her. My heart hurts for you and Stevie. I am here if you should need to talk or anything. Love you bunches.*

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**Teri Agee** - January 25, 2021 at 01:23 PM

JO

“ *One of the most Beautiful person I have ever meet her light will shine on May gd comfort her families much love to the Coggins family John and Yevonne owens*

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**JOHN AND YEVONNE OWENS** - January 24, 2021 at 07:10 PM

DG

“ *Amanda, May God hold you in the palm of His hand and comfort you with His everlasting love. Dr.McDonald & Jenean Gray*



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**Dr.McDonald & Jenean Gray** - January 24, 2021 at 03:29 PM

MD

“ Amanda, we are so very sorry for your loss.  
Wishing you God's peace.  
Sincerely, Misty Dawn Dorsey, & Brian  
Dorsey, John-T, & Issac



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**Misty Dawn Dorsey** - January 24, 2021 at 03:22 PM



“ Please accept our deepest condolences to Sheena's family. May  
your wonderful memories comfort you all in the difficult days ahead.  
You all are in our prayers.

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**Debbie Michaels** - January 24, 2021 at 02:19 PM

DC

“ We didn't do a whole bunch of talking but she  
was a very sweet person inside and out. Very  
loving,giving and friendly she will truly be  
missed but never completely gone .To the  
family she has always been an Angel 🙏 now  
she's one with wings my love and heart goes  
out to the family.



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**Dannika collins** - January 24, 2021 at 11:19 AM



“ Amanda & Family. This is so hard to write. We are all in shock still. I'm so sorry. We loved her like our own. I am so Thankful for the time we had. I know she's with God but our hearts ache so much. She was such a Blessing, beautiful inside and out. She is present with our Lord but our hearts are broken. May He heal us during this time. She will truly be missed. Thank you God for such a beautiful heart! With Love and Prayers, June Fugate & Family.



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**June Fugate** - January 24, 2021 at 10:45 AM

HR

“ Although I have only known Sheena for a few years, it feels like a lifetime. In those few short years she was the best friend I ever had. I hope it brings her family comfort knowing how much Sheena loved all of you. Fly high beautiful angel.

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**Honey Rice** - January 24, 2021 at 10:16 AM

TB

“ Tony Boney



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**Tony Boney** - January 24, 2021 at 09:30 AM

TR

“ *Amand I am so sorry for your loss . She was a beautiful person. I know how it feels to lose a child and it is very hard. But know you guys are in my thoughts and prayers and if I can do anything please let me know love you girl.*



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**Tina Webb Roderick** - January 24, 2021 at 12:06 AM

AM

“ *Amanda lit a candle in memory of Sheena LaShae Coggins*



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**Amanda** - January 23, 2021 at 11:45 PM

JR

“ *My heart is filled with sadness,Sheena was such a beautiful an kind person.Amanda,Steve,Eric,Carmen an other family know that our thoughts an prayers are with you. Love u, Wayne,Janie,Dustin Rankins*



A beautiful  
soul is never  
forgotten

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**janie rankins** - January 23, 2021 at 09:48 PM

TF

“ *So sorry for your loss she will be missed prayers for all of your families*

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**Tammy Ford** - January 23, 2021 at 04:28 PM

JF

“ Sorry for your loss. May God wrap his arms around the family. Thoughts and Prayers. God Bless



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**Jessica Hall and Family** - January 23, 2021 at 04:05 PM

MS

“ So sorry for your loss. Prayer are with you at this time of sorrow.

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**Maxine Clark Staton** - January 23, 2021 at 04:03 PM

KM

“ May the Lord bless you and comfort you and your family in this time of grief please accept my deepest condolences .



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**Karen Mantooth** - January 23, 2021 at 03:40 PM

DF

“ Deborah Franzus lit a candle in memory of Sheena LaShae Coggins



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**Deborah Franzus** - January 23, 2021 at 02:50 PM

SM

“ So sorry for your loss, prayers.

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**Sonya Matheny** - January 23, 2021 at 02:22 PM



CH

“ Sheena and I met at camp. She was such a beautiful person inside and out. She was so proud of Carmen and her family. We ended up in Knoxville together and she helped me so much while I was there. She was so talented, and loved to laugh she could light up any room with her smile. She will be greatly missed by so many she didn't know a stranger. I'm so glad our paths crossed because she was a real friend. I'm so sorry for your loss and I'm praying for each of you. God Bless you all. My deepest condolences

Christy - January 23, 2021 at 11:43 AM

DM

“ So Sorry She will be missed My Prayers MY HEART 🙏🙏 Go out to AMANDA & STEVIE AND ERIC PRAYERS FOR TH3 FAMILY



Donna Mooneyham - January 23, 2021 at 11:39 AM

SF

“ Sheena was such a beautiful woman inside and out. Her laugh was so infectious. I am so glad our paths crossed and we got to know each other. Prayers for Carmen and her family. She will be missed.



Sara Farthing - January 23, 2021 at 11:00 AM

MM

“ I am sorry for your loss, she was a beautiful girl. Prayers for the family.

Melinda Mcdaniel - January 23, 2021 at 10:56 AM

AH

“ sorry for your loss prayer that God will comfort you all during this time

Aggie Holt - January 23, 2021 at 10:53 AM

CC

“ So sorry for your loss.  
Prayers

Christy Cates - January 23, 2021 at 10:22 AM

JW

“ My condolences to the Coggins family, you are good people and I am sorry for your loss. Heaven gained another angel

Josh Webb - January 23, 2021 at 10:19 AM

MW

“ I am so sorry for your loss. Sending prayers your way.



Melody Walker - January 23, 2021 at 08:55 AM

JC

“ Sheena was such a genuine, caring, and loving person. She was my best friend for the past 24 years of my life. I am so sad and she will be missed greatly, but I am at peace knowing she is with the lord. I miss her so much. I love you Sheena!



Jessie Carle - January 23, 2021 at 07:44 AM

JG

“ I am in shock!!! I just spoke to her!! We both had our battles with addiction and fought our demons while in recovery. I have peace knowing she is with Jesus.



Julia Gray - January 23, 2021 at 03:59 AM

ML

“ Sheena has been my best friend for years since we were 18 years old. Such a beautiful soul. I will forever miss her beautiful smile! There wasn't a day to go by that she wasn't smiling. Her laugh was contagious! She has been the most generous, loving, and kind hearted friend. She adored her baby girl Carmen and adored her mother as well. Fly high my lil Barbie Doll! You will truly be missed!!!


Meghan Lowe - January 23, 2021 at 03:48 AM

TB

“ Tammy Binkley lit a candle in memory of Sheena LaShae Coggins



Tammy Binkley - January 23, 2021 at 02:06 AM

 Kimberly Seven

“ So sorry for your loss. I played softball with Sheena. She was a beautiful person inside and out❤️

Kimberly Seven - January 22, 2021 at 11:18 PM

AE

“ So sorry for your lost. Prayers.

Angela Evans - January 22, 2021 at 10:45 PM

WS

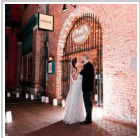
“ You will forever be missed. You left a legacy of God’s grace and redemption! Love you.

whitney Spurgeon - January 22, 2021 at 09:58 PM



“ Love & prayers for all the family. Especially Steve, Amanda & Eric. I've known her since she was a small child. I can't imagine your pain. Know I am & will continue to pray for you. This too breaks my heart. So glad I got to see her a couple of months ago.

Peggy Stephenson - January 22, 2021 at 09:14 PM



“ We connected in camp and while we didn’t live near each other she will always be a sister, and I’m so sorry she was taken too soon. She had so much life left. I feel fit her Mother and her Daughter. Her 2 reasons for living. I’m stunned. Shocked. And I just hope she’s at peace. And I pray for healing and strength for her family. 😭😭😭☐

Jaime Torres - January 22, 2021 at 08:46 PM

SC

“ Amanda so sorry for your loss you are in our thoughts and prayers. Love yall.

Sherrie lowder from high point,nc 1st c - January 22, 2021 at 08:36 PM

WT

“ *Great teammate and friend. She will be missed. Prayers!*



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**Whitney Tweed** - January 22, 2021 at 08:11 PM

BW

“ *Deepest Sympathy*

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**Billy & Wilma Webb** - January 22, 2021 at 08:00 PM

BB

“ *Blake Bible lit a candle in memory of Sheena LaShae Coggins*



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**Blake Bible** - January 22, 2021 at 07:52 PM

JB

“ *Sorry for your loss! Thoughts and prayers for you all.*



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**Janet Brown-Valentine** - January 22, 2021 at 07:30 PM

KH

“ Prayin for your family. God bless.



kim hixson - January 22, 2021 at 07:25 PM

SL

“ Amanda, Steve, Eric and family, we are so very sorry for the loss of your beautiful Sheena. May God wrap his arms around you and give you comfort and peace.

Sheila and Jeff Lunsford - January 22, 2021 at 07:09 PM

NS

“ Amanda, I can't begin to imagine your pain & sorrow. I'm praying you will be comforted now and in the days and weeks to come. She was a beautiful baby girl, try to think on all the good memories that Moms store in their hearts. Nancy Swanger

Nancy Swanger - January 22, 2021 at 06:47 PM

SH

“ Steve and Amanda so very sorry for your loss just praying that God wraps His loving arms around you right now ...

Sandra Frisbee Hensley - January 22, 2021 at 06:24 PM

DP

“ So sorry for your loss 🙏 prayers

Denise Peak - January 22, 2021 at 05:33 PM

BH

“ So sorry, praying for your family.

Bonnie Henderson - January 22, 2021 at 05:32 PM

TA

“ Sending our deepest condolences at this very sad time. May God wrap his peace around each of you .. Praying for comfort..  
Love Todd and Tammy Binkley

Tammy - January 22, 2021 at 05:29 PM

MS

“ Amanda and family we are so very sorry for your loss. We are praying for you all. Mom loved you and your kids dearly. Love and prayers, Missy and family

Missy Schank - January 22, 2021 at 04:54 PM

BN

So sorry for your lost prayers for you all 🙏🙏🙏🙏🙏🙏💜

Bert Naillon - January 22, 2021 at 07:47 PM

CC

“ Sorry for your loss, The family is in my thoughts and prayers. Love you all



Carolyn S Cline - January 22, 2021 at 04:20 PM

CJ

“ Prayers for comfort and peace in the loss of your sweet baby girl.  
Our thoughts and prayers are with the family.

Cindy Jenkins - January 22, 2021 at 04:08 PM

DS

*So sorry for this great loss prayers and comfort to family*

**dale slone** - January 22, 2021 at 05:31 PM

FG

*Sorry for your loss. Prayers for your family*

**Faye Gann** - January 22, 2021 at 06:30 PM

NS

“ *Amanda and family, my deepest condolences on your loss.*

**Nora Lee Self** - January 22, 2021 at 04:03 PM

DG

“ *Steve and Amanda, our hearts are broken for the loss of your beautiful daughter Sheena, she is in the arms of her Savior now, but she will surely be missed, with all our love and prayers. Danny and Kathy Greene*



**Danny and Kathy Greene** - January 22, 2021 at 01:02 PM